



# IT'S TIME TO GET LIVING

## BUILD CONFIDENCE AND CHARACTER IN 2025



@GetLivingGuru



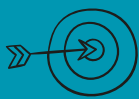
getlivingguru.com



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Are you ready to take 2025 by storm and keep on truckin' into the new year to live your best life? Sign up today for my four-month personal development series. Sessions will be held virtually in live group one-hour sessions twice a month beginning in February. Tentative schedule is below. Dates are subject to change. Program will run with a minimum of four attendees.

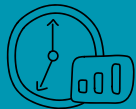
Program fee (includes all eight sessions): \$250. Deadline to register 1/31/25.



### GOAL SETTING

February 3, 2025 \* 7-8pm

We'll take inventory of your current situation to determine your key focus areas. You'll learn how to narrow your scope for 2025 and create SMART goals.



### TIME MANAGEMENT

February 24, 2025 \* 7-8pm

We all have 24 hours in a day, let's make the most of it! You'll discover ways to make the most of your time confetti and achieve more each day. You'll uncover ways to be efficient, effective and productive!



### SELF-AWARENESS

March 10, 2025 \* 7-8pm

When's the last time you took a good look at yourself in the mirror. Do you know what fuels you and what stalls you? We'll go deep to better understand who you are and what makes you tick.



### BRIDGE OR BOUNDARY

March 31, 2025 \* 7-8pm

This is the year to take control of your time and your joy. Setting boundaries is the key for saying yes to the right things and no to the wrong ones. You'll develop a reward system for sticking to your guns on this one!



### PERSONAL BRANDING

April 7, 2025 \* 7-8pm

What do people say, think and feel when you walk into a room? Are you giving off the right impression? You'll learn how to authentically present yourself for success in your personal and professional life.



### RESUME REBUILD

April 21, 2025 \* 7-8pm

No new job on the horizon for you? It's still a good idea to keep your resume up-to-date and it's rewarding to realize all you have to celebrate about your work experience and contributions.



### LINKEDIN LEVEL UP

May 12, 2025 \* 7-8pm

Your resume is ready and the next step is to ensure your online presence matches. I'll share tips and tricks to get noticed from your LinkedIn profile. You'll take a deep dive into your profile and give it a face lift!



### USING SOCIAL FOR GOOD

May 19, 2025 \* 7-8pm

The power of social media is impressive - if you're using it correctly. We'll review best practices for using your social media powers for good to help you connect, create, collaborate and celebrate!

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